

GRACE VALENTI, MA, LMFT  
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**Authorization to Disclose/Exchange Confidential Health Information**  
(All information on this form is protected with encryption and HIPAA compliance)

Client Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

My Therapist, \_\_\_\_\_ is authorized to (check all that apply):

- \_\_\_\_\_ Release or disclose records and/or information  
\_\_\_\_\_ Obtain records and/or information  
\_\_\_\_\_ Mutually discuss and exchange records and/or information

The above should only be shared with:

\_\_\_\_\_  
(Name and capacity of individual or organization)  
\_\_\_\_\_  
(Address line 1)  
\_\_\_\_\_  
(Address line 2)  
\_\_\_\_\_  
(Phone)

The specific uses and limitations of the of the types of medical information to be disclosed are:

- |                            |                             |
|----------------------------|-----------------------------|
| _____ Symptoms             | _____ Medical Record        |
| _____ Summary of Treatment | _____ Clinical Test Results |
| _____ Progress             | _____ Other                 |

The disclosure of information authorized by Client is required for the following purpose:

\_\_\_\_\_

This authorization will remain valid until: \_\_\_\_\_

I understand that I have a right to receive a copy of this authorization. I understand that any cancellation or modification of this authorization must be in writing by me. I understand that I have the right to revoke this authorization at any time. However, this revocation will not extend to information that was already obtained or released prior to the revocation. I also understand that such revocation must be in writing and received by my therapist to be effective. In addition, I understand that my therapist cannot condition my treatment upon me signing this authorization, and that I have a right to refuse to sign. I understand that information disclosed pursuant to this authorization may be subject to re-disclosure by the recipient and may no longer be protected, although applicable law may protect such information.

\_\_\_\_\_  
*Client's Signature or Signature of Representative* \_\_\_\_\_  
*Date*

*If signed by other than Client, please indicate the relationship between Client and his/her representative*